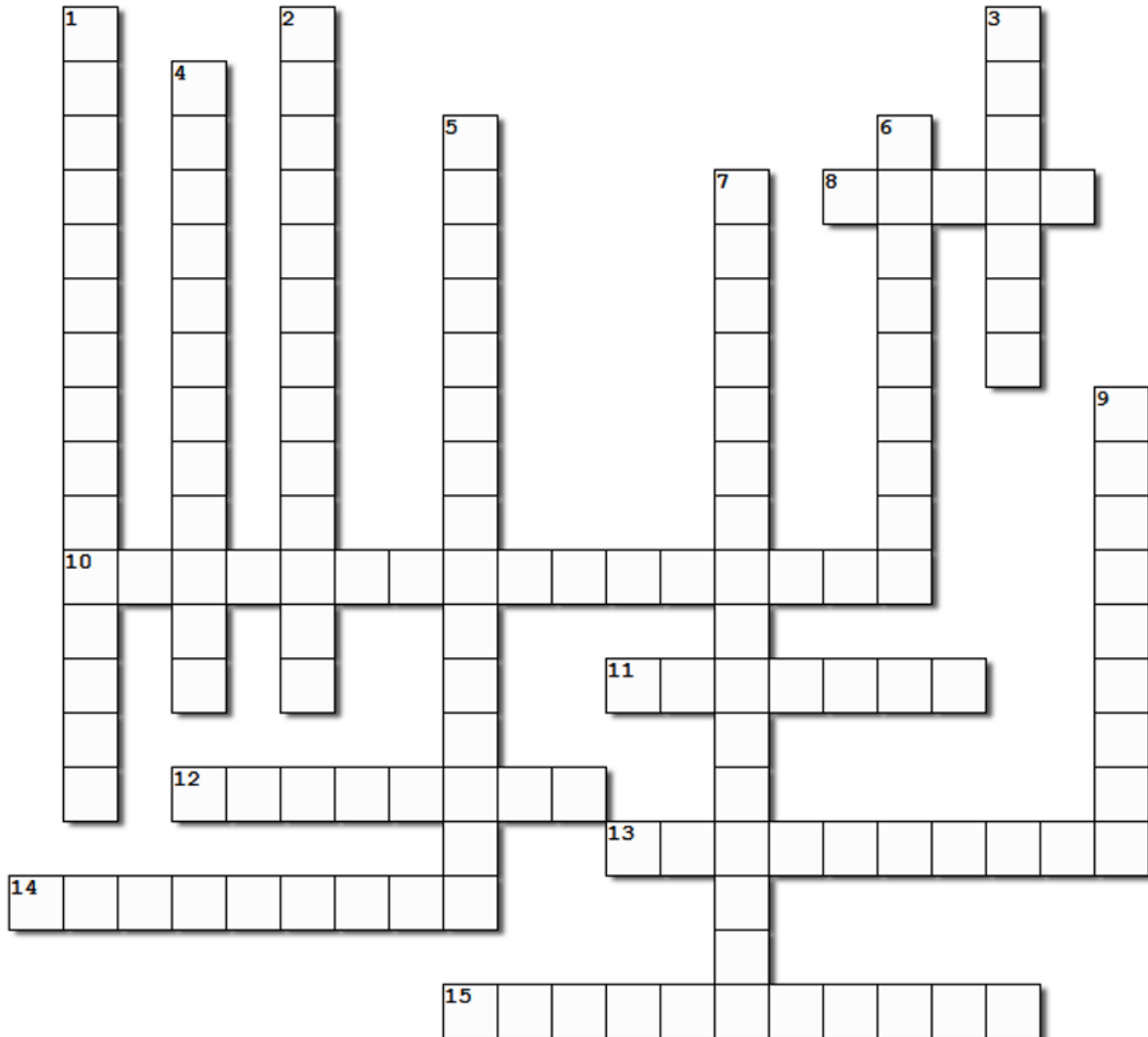




KAZEN KAI MARTIAL ARTS KARATE CROSSWORD RED BELT



ACROSS:

- 8. Swing Kick
- 10. Back Fist Strike to Nose
- 11. Jab Punch to Jaw
- 12. Upper Block
- 13. Kicking Stance
- 14. Upper-section Punch
- 15. Formal Stance

DOWN:

- 1. Mid-section Punch with Rear Hand
- 2. Mid-section Kick
- 3. Knee Kick
- 4. Lower Sweeping Block
- 5. Face Punch with Lead Hand
- 6. Lower-section Punch
- 7. First Kata
- 9. Ready Stance

IF YOU'RE MISSING TRAINING, CHECK OUT SOME
OF OUR ONLINE TRAINING SESSIONS ON:

YOUTUBE KAZEN KAI
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