

FIRST SESSION FREE



OVER 40'S KARATE



FOR MORE DETAILS PLEASE CALL OR VISIT OUR WEBSITE.

CHELMSFORD

THE MARTIAL ARTS CENTRE,
UNIT 2 BEEHIVE BUSINESS PARK,
BEEHIVE LANE,
CHELMSFORD, ESSEX
CM2 9TE

MONDAY

TIME

Over 40's Karate

8:30pm - 9:30pm

BRENTWOOD

THE MARTIAL ARTS CENTRE,
BANNISTER DRIVE,
HUTTON,
BRENTWOOD, ESSEX
CM13 1YX

FRIDAY

TIME

Over 40's Karate

8:30pm - 9:30pm

WE ALSO OFFER ADULTS CLASSES MONDAY TO SATURDAY
IN KARATE, KICK BOXING, YOGA AND FITNESS



WWW.KAZENKAI.COM
08001 830383

