15th July 2018 London Open Karate Championship

Please find below the information for the above event Venue address: Clacton Sports Centre Vista Road Clacton-on-Sea Essex CO15 6DB Times: 9:15am = Meet at the Venue 9:30am = Doors open at venue Closing Date for entries: 17 th June 2018 Competitor Fees: 1 Event £15.00 2 Events £25.00 3 Events £35.00 4 Events £45.00 Two person team £20.00 Three person team £30.00 Spectator Fees: (To pay on the day at Venue) Adults: £8 Children: £5 Category list: Please confirm with your squad coach what category you should enter Equipment needed: If you are only entering kata you will need your gi and Licence. If you are entering kunite you will also need your hand pads (red and white), leg pads (red and white), mouth guard, red and white belts. 15 th July 2018 Essex Karate Cup Championship Please return to your sensei by Saturday 17 th June 2018. Please make sure that you have entered your correct category numbers. Name and Grade Height (ft.inch) Age Kata Cat: Fee enclosed: Kumite Cat: Fee enclosed:	
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