



Easter reduced timetable – CHELMSFORD

Reduced timetable will run as of 3rd April – 13th April 2017

14th, 16th, 17th April 2017 – NO CLASSES

Normal Timetable resumes on Tuesday 18th April 2017



MONDAY 3rd & 10th APRIL	
9:15am – 10:15am	Karate
10:15am – 11:15am	Kick Boxing
11:15am – 12:00pm	Kazen Fighting Fit
4:30pm – 5:00pm	Kick Boxing Cubs
5:15pm – 6:00pm	Junior Karate (up to and incl. Green Belt)
6:00pm – 6:45pm	Junior Karate (Purple Stripe incl. above)
6:45pm – 7:30pm	Youth Kick Boxing
7:30pm – 8:30pm	Adult Kick Boxing
8:30pm – 9:30pm	Over 25's Karate

TUESDAY 4th & 11th APRIL	
4:30pm – 5:00pm	Karate Tots
5:15pm – 6:00pm	Junior Karate (up to and incl. Green Belt)
6:00pm – 6:45pm	Junior Karate (Purple Stripe incl. above)
6:45pm – 7:30pm	Youth Kick Boxing
7:30pm – 8:30pm	Adult Karate
8:30pm – 9:30pm	Adult Kick Boxing

WEDNESDAY 5th & 12th APRIL	
9:15am – 10:15am	Karate
10:15am – 11:15am	Kick Boxing
11:15am – 12:00pm	Kazen Fighting Fit
4:30pm – 5:00pm	Kick Boxing Cubs
5:15pm – 6:00pm	Junior Karate (up to and incl. Green Belt)
6:00pm – 6:45pm	Junior Karate (Purple Stripe incl. above)
6:45pm – 7:30pm	Youth Kick Boxing
7:30pm – 8:30pm	Adult Kick Boxing
8:30pm – 9:15pm	Kazen Fighting Fit Circuit

THURSDAY 6th & 13th APRIL

4:30pm – 5:00pm	Karate Tots
5:15pm – 6:00pm	Junior Karate (up to and incl. Green Belt)
6:00pm – 6:45pm	Junior Karate (Purple Stripe incl. above)
6:45pm – 7:30pm	Youth Kick Boxing
7:30pm – 8:30pm	Adult Karate
8:30pm – 9:30pm	Adult Kick Boxing

FRIDAY 7th APRIL

4:30pm – 5:00pm	Karate Tots
5:15pm – 6:00pm	Junior Karate (up to and incl. Green Belt)
6:00pm – 6:45pm	Junior Karate (Purple Stripe incl. above)
6:45pm – 7:30pm	Youth Kick Boxing
7:30pm – 8:30pm	Adult Karate
8:30pm – 9:30pm	Adult Kick Boxing

SATURDAY 8th & 15th APRIL

9:15am – 9:45am	Karate Tots
9:55am – 10:55am	Family Karate
11:00pm – 12:00pm	Family Kick Boxing
12:00pm – 1:00pm	Competition Squad Training - Karate
2:00pm – 3:00pm	Family Karate
3:00pm – 4:00pm	Family Kick Boxing